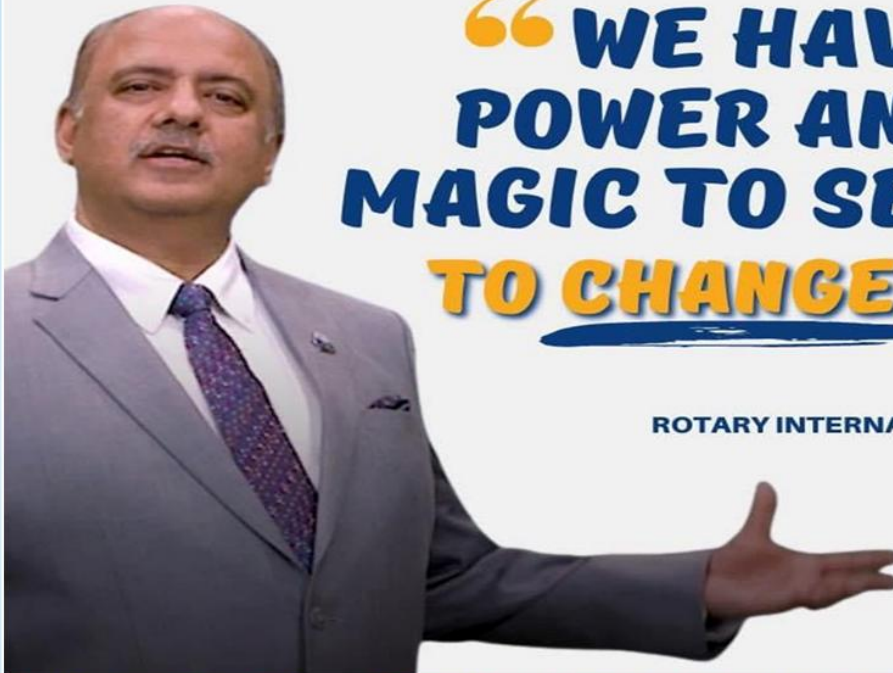


OFFICIAL CLUB BULLETIN OF THE ROTARY CLUB OF POLOMOLOK 101

The Club 101

Volume 1 | Maiden Issue | Series of 2021 | July 26, 2021

Polomolok 101
Rotary
Club



**“ WE HAVE THE
POWER AND THE
MAGIC TO SERVE...
TO CHANGE LIVES!**

**SHEKHAR MEHTA
2021-2022**

ROTARY INTERNATIONAL PRESIDENT



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Polomolok 101
Rotary
Club



OFFICERS AND DIRECTORS RY 2020-2021



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Rotary International
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BUMAGAT**
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Director



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Community
Service
Director



**NIEVEN MAY
ALFECHE**
IPP

“True Leadership lies in guiding others to SUCCESS- In ensuring that everyone is performing at their best, doing the work they are pledged to do and doing it well...”



RI President's Message

Shekhar Mehta

I wish each of you and your families a great Rotary New Year! Together, let us make it the best year of our lives, by making it a year to grow more and do more. Let this be a year of changemakers, and let us begin with our membership. That is precisely why the Each One, Bring One initiative is so important. During this year, I urge you to dream of new ways in which Rotary can expand its reach into your community and therefore the world. If each member introduces one person to Rotary, our membership can increase to 1.3 million by July 2022. So, let's just do it!

Imagine the change we, as Rotary members, can make when there are so many more of us! More people to care for others, more people to Serve to Change Lives. Think of the impact we can have through grow more, do more. More members will enable us to embark on bigger and bolder service projects. And each of us can also continue to serve in our own personal ways, responding to needs in our communities. The beauty of Rotary is that service means different things to different people around the world. One element, however, that we can incorporate into all of our service initiatives is empowering girls. Unfortunately, even in this day and age, girls and young women face disproportionate challenges all over the world. We have the power to lead the charge for gender equality. Empowering girls and young women to have greater access to education, better health care, more employment, and equality in all walks of life should be embedded in every Rotary project we launch. Girls are future leaders, so we must ensure that we help them shape their future.

The biggest gift we are given is the power to touch a life, to change, to make a difference... In the circle of life, if we can reach out with our hand, heart, and soul, the magic will start to happen... As the wheel begins to roll, let's turn the wheel together so all humanity thrives. We have the power and the magic To Serve to Change Lives.

These are challenging times, and I compliment each of your efforts in grappling with COVID-19. No challenge is too big for Rotarians. The bigger the challenge, the more passionate the Rotarian. Look at what we can do when we take on a colossal challenge such as eradicating polio. Look at the millions of lives we improve by strengthening access to water, sanitation, and hygiene. Look at what we do every year to promote peace in places where it seems unimaginable. Our basic education and literacy programs have nation-building impact.

This year, let us challenge ourselves to do more such projects and programs that have national reach and impact. This year, let us Serve to Change Lives.





**ANNA LOUISA
BUMAGAT**
District Governor



SERVE TO CHANGE LIVES

Fellowship
Acquaintance
Connections Ideas Opportunity
Action Fair Respectful Ethical
Expertise

Integrity
Accountability Honor
Understanding International

Diversity
Youth Peace
Membership Commitments United
Community Education Health
Vocational

Service
Economy Club Scholarship Friendship
Relationships Development

Leadership
Sincere Responsible Professional

Tidbits from the Governor

Dear District 3860 Rotarians,

Greetings!

I am delighted to welcome the Life-Changing Rotarians of Rotary District 3860 to a brand new year of Rotary Service!

This year, we focus on the theme “Serve to change Lives” as our inspiration and motivation in aligning our goals to Rotary’s Action Plan and achieve Rotary’s vision. It is my belief that we all resonate with the theme since our commitment as Rotarians to SERVICE is what fuels all of us to extend our time, talent and resources for causes greater than ourselves. It also means taking service to the next level as we leverage on our past successes and setting our sights as a Rotary District of the future—resilient to current-day realities, responsive to the needs of our members and our communities; and more faithful than ever to build forward better.

We all joined Rotary to get involved and to make difference. The more that put into it, the more you will get out of it. If you put only a token effort, you won’t accomplish much and you won’t find much satisfaction. It is my hope that you make the personal decision to truly engage Rotary and carry Rotary’s values of Service, Fellowship, Diversity, Integrity, and Leadership into your daily lives. That’s when you will see the remarkable impact that you can have in the lives of countless individuals who will be blessed with the gift of Rotary. That’s when you find the miracle and the power to truly change lives and no one’s life will be changed more than your own.

For the next 12 months, let us embark on a meaningful and fulfilling journey of Rotary service and fellowship. Let us put our best foot forward and work towards achieving our goals with passion and purpose. Together, let us serve to change lives.

Sincerely,

Anna Louisa A. Bumagat

District Governor, Rotary Year 2021-2022



President's Page

As we begin the New Rotary Year, we have so much to look forward to that will be exciting and challenging for us in serving the community. Therefore, I ask the support of every member in making RY 2021-22 a very successful and fulfilling Rotary Year.

**By Prexy Leni
Castaniaga**
President

I am truly honored and humbled to serve as the club President. This is a big challenge for me, but I also take it as a privilege and an opportunity to further my contributions to the club.

I am just so thankful that this club where I belong, is composed of very friendly and very supportive members. So with the amazing people around, I am looking forward to a remarkable, fun, and meaningful Rotary year ahead of us.

I would also like to congratulate The Rotary Club of Polomolok 101 for the unveiling of our Official Club Bulletin– The Club 101.





By May Urbano
Past-Assistant Governor

Editor's Note



It is the beginning of the new Rotary Year and we are all inspired by the Rotary International Theme: "Serve to Change". It is with great pleasure to introduce the Maiden Issue of our Club Bulletin, "The Club 101". The purpose of the bulletin, which will publish every month, is to share our club's projects and accomplishments, with the purpose to enable fellow Rotarians keep themselves abreast of current development and activities in Rotary within the club and the District as well. This is our guide to address the basic information needed of why and what we are in Rotary. As it is always said, "The best Rotarian is well informed Rotarian".

Let us all support our in-house Club Bulletin and the members involved in its making. Congratulations to us!



ENVIRONMENT



PEACEBUILDING AND CONFLICT PREVENTION



DISEASE PREVENTION AND TREATMENT

COMMUNITY ECONOMIC DEVELOPMENT



ROTARY'S AREAS OF FOCUS



WATER, SANITATION, AND HYGIENE

BASIC EDUCATION AND LITERACY



MATERNAL AND CHILD HEALTH



**by Evernie
Alfeche**
Club Secretary

Secretary's Report

It is an honor and privilege to be your Club Secretary. As my duty begins this New Rotary Year, I will do my best to actively perform my duties and responsibilities. Let us support our President by attending our fellowships Meetings, projects and activities.

Our first meeting held on July 8, 2021 was well-attended. The heavy rain didn't stop us from our General Membership Meeting. We have two new Rotarians who had an orientation with PP Bel Acuesta, our Membership Chair. The meeting started with all of us introducing ourselves. Prexy Lani presided the meeting that started 7:00pm and was adjourned at 8:00pm. It was an "info-sharing" meeting as all of us participated in the discussion. See you all once again on our next meeting whether face to face or via ZOOM... Keep Safe and be well fellow Rotarians!



"Perhaps dreaming is not so bad if one dreams good dreams and makes them come true."

Rotary 

— **Paul Harris,**
My Road to Rotary

Treasurer's Report

Happy New Rotary Year! As your Club Treasurer, it is my responsibility to keep our financial records and also to collect or receive your club dues payment. Dues are extremely important, as they are the single biggest source of revenue providing the services we enjoy as a Rotarian.

Each year Rotarians pay dues that support the function of Rotary International, including the development of new technologies and tools to inspire others to learn, and to expand Rotary. Let us support our club by consistently paying our monthly dues.



by Jade Rallos
Club Treasurer

The Club 101 Calendar of Activities

July

New Leadership Month

August

Membership Extension Month

September

Basic Education and Literacy Month

October

Economic and Community Development Month

October 24
World Polio Day

November

Rotary Foundation Month

November 1-7
World Interact Week

November 26-27
Presidential Conference, Manila

December

Disease Prevention and Treatment Month

January

Vocational Service Month

February

Peace and Conflict Prevention & Resolution Month

February 23
Rotary's Anniversary

March

Water and Sanitation Month

March 14-18
World Rotaract Week

April

Disease Prevention and Treatment Month

May

Youth Service Month

June

Rotary Fellowships Month

June 30
Rotary International Convention, Houston, Texas

Paul Harris Quotes

Rotary changes us and those we serve.

I believe we can change the world, one life at a time.

Polomolok 101
Rotary Club



Rotary Year 2021-2022

Polomolok 101
Rotary
 Club



3rd GENERAL MEMBERSHIP MEETING & FELLOWSHIP NIGHT
RALLOS RESIDENCE | 29TH JULY 2021

PP FANNY FERNANDEZ
Moderator

Programme

I. Call to Order	_____	Pres. Lani Castaniaga
II. Rotary Grace	_____	IPP Twinkle Alfeche
III. National Anthem	_____	VP Joy Torres
IV. The Rotary Hymn	_____	PP Fanny Fernandez
V. The Rotarian Pledge	_____	Sec. Evermie Alfeche
VI. Introduction of Visiting Rotarians & Guests	_____	PP Twinkle Alfeche
VII. Secretary's Report	_____	PE/Sec Evermie Alfeche
VIII. Treasurer's Report	_____	Treas. Jade Rallos
IX. President's Time	_____	Pres. Lani Castaniaga
X. Open Forum	_____	
XI. Adjournment	_____	Pres. Lani Castaniaga

The Rotarian Pledge

I am a Rotarian. I will always uphold the truth.
 I am a Rotarian. I will always strive to be fair in all my dealings with my fellow human beings.
 I am a Rotarian. I will always endeavor to build goodwill and understanding in my community. Among my countrymen, and among peoples of all nations.
 I am a Rotarian. I will always seek to promote the greatest good for the greatest number of people in the spirit of Rotary service.
 I am a Rotarian. I will always observe Rotary International's motto:
 Service Above Self.
 And I will promote this year's theme "Serve to Change Lives".



Invocation

We pray Almighty God that you bless our meeting with good acquaintance and fellowship. Please help us to see those in need and give us strength and wisdom to serve our community. Guide each one of us to dignify our occupation as an opportunity to serve others.
 Dear Lord, being in Rotary allows us to serve others. We ask that you help us remember always the Four-Way Test as we work today and everyday. Help us to serve humbly and willingly as we focus on the needs of our community. Thank you for our gifts and help us to use them wisely. Amen.



The Four-Way Test
of the things we think, say or do.

- 1 Is it the truth?
- 2 Is it fair to all concerned?
- 3 Will it build goodwill and better friendships?
- 4 Will it be beneficial to all concerned?

KNOW YOUR CLUB!

Polomolok 101
Rotary
Club



The Rotary Club of Polomolok 101

By: PAG May Urbano

The Rotary Club of Polomolok 101 was officially chartered as a legitimate club by Rotary International, through the efforts of its mother club – the Rotary Club of Midtown Gensan on August 31, 2005. As early as February 2003, there were already numerous attempts to organize a Rotary club in the municipality of Polomolok, but it was only in January 2005 when persistence finally paid off.

The club's name is suffixed with the number 101 for two significant reasons: one, the club was founded on Rotary International's 101st foundation anniversary; and the club was the 101st club to be chartered under District 3860 with CP Omar Gallinero became the new club's Charter President leading 25 other charter members with various classifications.

The Rotary Club of Polomolok 101 is a dynamic service organization actively involved in worthwhile community projects which make a difference in the lives of our beneficiaries and the members as well.



This Rotary year, our club marked its 16th Charter Anniversary. The Rotary Club of Polomolok 101 is still continuing its service to the community despite the difficulties endured during the pandemic. Our club utilizes technology and social media to connect with other Rotary Clubs outside the Philippines.

To celebrate peace and actively participate in the promotion of conflict resolution, the club sponsored The Moro Voice- (Song for Peace): "Awit ng Bangsamoro para sa kapayapaan ng Mindanao, a singing search competition in partnership with PNP Region 12, open to all Muslim brothers and sisters who were residents of Region 12. Another one of the club's unique passion projects is The Pink Stiletto Run, a fundraising activity that supports the Breast Cancer Foundation and campaigns for breast cancer awareness month. Our club also actively participates in the Tree Planting and Tree Growing activity. The Field 116 of Dole Pineapple Plantation is permanently assigned to our club by the Mahintana Foundation, Inc. as our adopted gully. We make sure that all trees we planted grow, thus, it will prevent flooding and soil erosion when calamity comes.

Part of the Rotary spirit is building lasting relationships with other clubs with the common goal of serving the community. This is exemplified by our club's sisterhood with other local Rotary clubs such as, The Rotary Club of Harrison-Pasay, Rotary Club of Bagumbayan-Manila, Rotary Club of Ubay-Bohol, Rotary Club of Davao 2000, and Rotary Club of Dadiangas & Rotary Club of Metro Dadiangas. Through these sister clubs we came together to serve and build long lasting friendship.

One of the proudest moments of our club is having a sister club in Kuala Lumpur, Malaysia with The Rotary Club of Lake Gardens, Kuala Lumpur, wherein we signed the Memorandum of Sisterhood last Rotary year 2017-2018 in Kuala Lumpur. This sisterhood brought to us another opportunity to connect with another Rotary club outside the Philippines. Last 2019, seventeen of us took a break from our busy schedules and travelled to Japan together where we met the Rotary E-Club Osaka. We were able to meet their president and some members. We promised that our clubs will keep in touch and hoping that in the near future we could do joint projects together. It was indeed a fruitful travel and a great pleasure having to meet another Rotary Club in Japan.

The Rotary Club of Polomolok 101 was registered under District 3860, Area 3F with Club Number 70517. It is the first Non-Government Organization recognized by the Local Government Unit of Polomolok and making us their partner in service together with our two RCCs – Twin circa Marketing & Dole Philippine School in their various projects. To date, the Club runs on man-strength of 27 committed individuals.



Polomolok 101
Rotary
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HALL OF PAST PRESIDENTS



CP Omar Galinero,
PHF+1

ROTARY YEAR
2005-2006



PP Espie Maliwat,
RFSM+2

ROTARY YEAR
2006-2007



PAG Alan Ines,
PHF.

ROTARY YEAR
2007-2008



PP Rogelio Rallos,
PHF+3

ROTARY YEAR
2008-2009



PP Maribel Acuesta,
RFSM+2

ROTARY YEAR
2009-2010



PP Xavier Bayan,
PHF +2

ROTARY YEAR
2010-2011



PP Rey
Trasporto

ROTARY YEAR
2011-2012



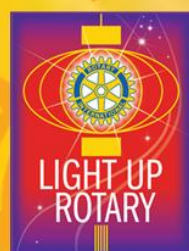
PP Grace Salazar,
RFSM

ROTARY YEAR
2012-2013



PP Benhur
Dapanas

ROTARY YEAR
2013-2014



PP Rex
Machan

ROTARY YEAR
2014-2015



PP Celema Griño,
RFSM+2

ROTARY YEAR
2015-2016



PAG Mayvelyn
Urbano, PHF+1

ROTARY YEAR
2016-2017

Polomolok 101
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HALL OF PAST PRESIDENTS



ROTARY:
MAKING A
DIFFERENCE



BE THE INSPIRATION



ROTARY
CONNECTS
THE WORLD



Rotary Opens Opportunities

**PP Gladys Balano,
RFSM +2**

ROTARY YEAR
2017-2018

**PP Melani Deyplan,
RFSM**

ROTARY YEAR
2018-2019

**PP Fanny Fernandez,
PHF**

ROTARY YEAR
2019-2020

**IPP Nieven May
Alfeche, PHF**

ROTARY YEAR
2020-2021

Projects for July



Bead Crafting



Polomolok 101
Rotary
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SERVE TO
CHANGE LIVES

THEME: Promoting Awareness of Mental
Health and Depression: Do's and Don'ts

**Mental Health
Awareness
Webinar**

DATE : JULY 10, 2021
TIME : 2:00-4:00PM

LIVE @BARANGAY
POBLACION PYAP
VIA GOOGLE MEET

**KRIS BIANCA BUARON
GUEST SPEAKER**

Bloodletting



Sunshine Greetings!

Happy Birthday!

- June 5 - Sps. Eunice Bayan
 - June 12 - VP Joy Torres
 - June 16 - PAG Alan Ines
 - June 25 - Rotateen Czar Acuesta
 - June 26 - Sps. Roy Torres
 - June 27 - Rtn. Grace Amolat
 - July 4 - Rotakid Vashti Griño
 - July 18 - Pp. Wang Rallos
- 

Happy Anniversary

July 16- Michael & Dornie Jandic



Plant lover's corner!

by Joy Torres

Caring for your "Indoor Houseplant"

How much water? - Water the plants when the top of the inch of the soil is dry to the touch. Use enough water that it begins to drain out of the bottom of the pot.

What kind of light? - Plants need sunlight to grow properly. The amount required will vary from one species to another. In general, however, most plants require 8-16 hours of light each day.

Feeding the plants - Use an all-purpose water soluble fertilizer throughout the growing season. During the rainy months, use fertilizer at half- strength.

The perfect spot - Tropical plants love humidity and thrive with daily misting. For additional humidity, place a water tray nearby to improve dryer conditions.

Temperature - always avoid hot or cold drafts from doors or heating vents.

The Rotary Hymn

by George Canseco

I. I want to be a Rotarian for the world,
 Make the Rotary flag be a flag of peace unfurled;
 I shall serve my community,
 Help achieve universal unity
 Through Rotary, I shall dedicate my all,
 World understanding shall be my cherished goal.

Chorus:
 With the Four Way Test
 I will pursue my quest
 And if I, in a way help obtain
 Peace in the world
 We shall not have lived in vain.

II. I observe service above self,
 Lend a hand to all who need my help;
 I'll get my spouse to involve in Rotary
 And in Rotary ways I will train my family.
 (Back to Chorus)

III. Build a bridge for tomorrow's youth,
 Strengthened by nothing but the truth;
 Let's join our hands, there's no reason we'll divide.
 We shall all understand, while the
 good Lord is our guide.
 (Back to Chorus)

IV. Peace be achieved,
 We shall not have lived in vain.



House Plants Care Guide

Follow these simple steps to let your cute plant grow and thrive...

1. Give it enough light, but not direct sunlight all day
2. Water twice a week
3. Fertilize once every two weeks
4. Add humidity if necessary with spray water or humidifier
5. Check and cut off dead branches regularly

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We Build **Possibilities.**

